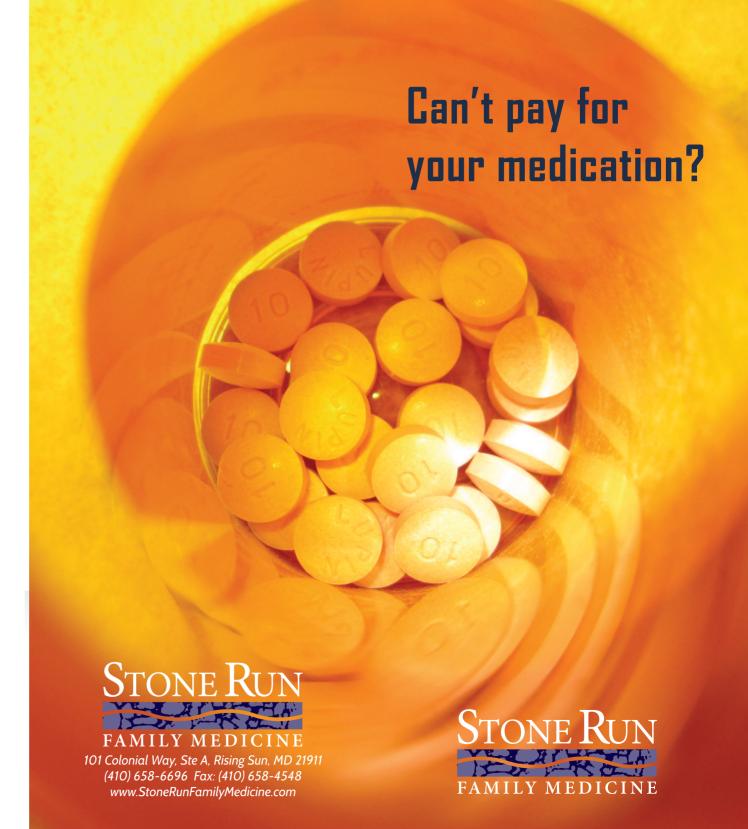
# Medications can be expensive.

We do not want you to discontinue or reduce the amount of medicine you take because you can't afford it. There are plenty of options to obtain affordable medications.

Please let us know of your need. We will gladly assist you in obtaining medication in a timely manner according to your need. Call us at (410) 658-6696 with any concerns you have about your medications, and ask to speak with a care manager.



### You have options...

#### Change the amount of your medication

Receiving a 90 day supply may reduce the number of processing fees or copays over time. Discuss with your provider other ways to extend your prescription.

#### Ask for a less expensive prescription

There may be reasonable alternatives that are less expensive. If appropriate your provider may be able to prescribe a cheaper alternative.

#### Get generics

Brand name and generic medications have identical active ingredients but are made by different manufacturers, and are generally less expensive. Unless your provider has told you to use the brand name, make sure your pharmacist gives you generic.

#### Know your insurance plan

Review your insurance benefits. Some plans offer cheaper drugs through a mail-order pharmacy. Review their formulary for the list of drugs that they will cover. Each insurance plan is different, so let your provider know what benefits your insurance company provides.

#### Beware of drugs from outside of the U.S.

Many people will travel to Canada or Mexico to obtain cheaper medications. These medications are usually manufactured to the same specifications, but there may not be the same oversight as in the US. Because of this, it is not without its legal risks. The US Food and Drug Administration (FDA) has taken the position that virtually all shipments of prescription drugs imported from a Canadian pharmacy by a US consumer will violate the law. Look at www.fda.gov to learn more.

#### Request samples

We have a number of prescription samples given to us by pharmaceutical representatives. Ask us and we would be more than happy to check if we have the medicine you take.

#### Search online for coupons

Pharmaceutical websites often have coupons for the drugs they manufacture. Search for the drug online and open the product website to see if they offer any coupons or copay programs.



#### Shop around

Sometimes there are significant price differences between pharmacies. Our experience has shown that a newer pharmacy may be the cheapest, but not for much longer than a year or so. If you haven't shopped around in a while, do so again. When you do call a pharmacy about the price of a medication, make sure you tell them the dose and the amount of pills.

Some pharmacies have a \$4 or \$10 prescription list, offering generic medications at a low, fixed price.

# GoodR.com

Search GoodRx.com for coupons and to compare prices across many pharmacies.

## You may qualify...

#### Senior Prescription Drug Program

A prescription program for Maryland seniors with low income and on Medicare. For more information, call (800) 551-5995 or visit www.marylandspdap.com.

#### **Maryland Pharmacy Program**

For those with low income, the state has a program that provides medication for a small copay. Learn more at mmcp.dhmh.maryland.gov/pap/

#### Are you a veteran?

Veterans can get prescriptions for free or for a copay. Visit ww.va.gov/healthbenefits for more information.

#### Partnership for Prescription Assistance

This program directs patients to prescription assistance programs that offer medicines for free or nearly free. For more information go to www.pparx.org.

If cost is a concern, please let us know. We want you to get the treatment you need, and can help you find an affordable option.