



OTHER HEALTH RESOURCES

Federally Qualified Health Centers (FQHCs) & Maryland Qualified Health Centers (MQHCs)

provide sliding-scale and subsidized medical care for uninsured individuals and families in Maryland and across the U.S.

For FQHC listings visit www.dhmm.state.md.us/gethealthcare/FQHC.pdf

For MQHC listings visit www.dhmm.state.md.us/gethealthcare/MQHC.pdf

Maryland Health Insurance Program (MHIP)

offers affordable health insurance to Marylanders with pre-existing conditions who are unable to obtain health insurance coverage.

Call 1-888-444-9016, or visit www.marylandhealthinsuranceplan.state.md.us

Maryland Medbank Program

provides access to free medicines for low-income, uninsured patients.

Call 1-877-435-7755, or visit www.medbankmd.org

Senior Prescription Drug Assistance Program

offers additional financial assistance on prescription drugs for senior citizens enrolled in Medicare Part D.

Call 1-800-551-5995, or visit www.marylandspdap.com

Maryland's Senior Health Insurance Assistance Program (SHIP) provides information, counseling and assistance to Medicare beneficiaries.

Call 1-800-243-3425, or visit www.mdoa.state.md.us/ship.html

Health Insurance Partnership

helps small businesses provide affordable health insurance to their employees through a partnership with the state, employers and employees.

Call 1-888-444-9016, or visit www.marylandhealthinsuranceplan.state.md.us



The services and facilities of the Maryland Department of Health and Mental Hygiene (DHMH) are operated on a non-discriminatory basis. This policy prohibits discrimination on the basis of race, color, sex or national origin and applies to the provisions of employment and granting of advantages, privileges, and accommodations.

The Department, in compliance with the Americans with Disabilities Act, ensures that qualified individuals with disabilities are given an opportunity to participate in and benefit from DHMH services, programs, benefits and employment opportunities.



Martin O'Malley, *Governor*
Anthony G. Brown, *Lt. Governor*
John M. Colmers, *Secretary*



Affordable Health Services and Care in Maryland

HEALTH SERVICES



Mental Health Treatment

is available to Maryland citizens who do not have insurance coverage and who cannot afford to pay for services.

Call 1-800-888-1965, or visit www.dhmh.state.md.us/mha

For mental health information in your local area:

Visit www.dhmh.state.md.us/mha/cscontacts.html or www.networkofcare.org

Maryland's Commitment to Veterans

assists veterans returning from Iraq and Afghanistan and their families in accessing mental health and substance abuse services.

Call 1-877-770-4801, or visit www.dhmh.state.md.us/mha

HIV and AIDS Information on prevention, counseling, testing and education is available at the Maryland AIDS Administration.

Call 1-800-358-9001, or visit www.dhmh.state.md.us/AIDS

Maryland AIDS Drug Assistance Program

provides prescription drug coverage for low-income HIV/AIDS patients.

Call 1-800-358-9001, or visit www.dhmh.state.md.us/AIDS/Treatment

Breast and Cervical Cancer Health Services

provides free or reduced cost mammograms and Pap smears.

Call 1-800-477-9774, or visit www.fha.state.md.us/cancer/html/bccp.cfm

Maryland Women Infants and Children

(WIC) Program provides nutrition counseling and healthy foods for pregnant women, infants, and children.

Call 1-800-242-4942, or visit www.mdwic.org

Substance Abuse Prevention and Treatment

Program provides resources to prevent and treat a variety of substance abuse issues.

410-402-8600, or visit www.maryland-adaa.org

Smoking Prevention & Cessation Programs

provide Marylanders with assistance and coaching to help quit smoking and/or prevent tobacco use.

Call 1-800-QUIT-NOW, or visit www.smokingstopshere.com

Oral Health Resource Guide

assists Marylanders in finding affordable and appropriate dental care services.

Email oralhealth@dhmh.state.md.us, or visit www.fha.state.md.us/oralhealth



GET HEALTHCARE

Visit Maryland's one-stop resource at: www.dhmh.state.md.us/gethealthcare

Maryland Children's Health Program provides comprehensive health coverage to children.

For an application, call 1-800-456-8900, or visit www.dhmh.state.md.us/mma/mchp

Medical Assistance for Families

provides comprehensive health coverage to families and pregnant women.

For an application, call 1-800-456-8900, or visit www.dhmh.state.md.us/ma4families

Maryland Primary Adult Care (PAC)

covers primary health care, certain out-patient mental health services, and prescription drugs for low-income adults without dependent children.

Call 1-800-226-2142, or visit www.dhmh.state.md.us/mma/pac

Maryland AIDS Insurance Assistance Program

provides health insurance for individuals living with HIV/AIDS who are too ill to work.

Call 1-800-205-6308, or visit www.dhmh.state.md.us/AIDS



The Department of Health and Mental Hygiene offers many services...

Through local health departments in Baltimore City and Maryland's 23 counties, DHMH offers residents the following public health services and information:

- immunizations for children
- hearing and vision screening
- flu shots

www.dhmh.state.md.us/gethealthcare/LHD.pdf